



# February Mewsletter



### Note from the Director

Have you heard the expression "pick your battles"? This is one of the first parenting tips I used with my children and honestly use it to this day. My sweet son loved Buzz Lightyear, he was obsessed with him. One thing he wanted to do was wear his Buzz Lightyear pajamas every day. He wasn't at preschool yet and I decided to just let him wear what he wanted and continued this with both children even now. Are you fighting battles with your child(ren) that you could let go?

Preschoolers especially toddlers are impulsive and self-centered. It is part of their development and we as parents need to help guide them through this stage. They have a strong desire to demonstrate their independence and curiosity about the world around them. They often want to play with things and touch things that don't make sense to adults. Be consistent, be knowledgeable on developmental stages and try to enjoy their fun loving spirit. You will miss them when they are gone.









## **IMPORTANT DATES**

1st Friends Around the World (Four Year Old Classes and Transitional Kindergarten)

5th Comfort Dog to visit

7th Current Students and Sibling Registration Packets DUE DATE

12th Church Members and Alumni Enrollment

12th Spirit Day

14th Valentine's Day Parties - no food goodie bags

20th Open Registration for the public

21st First Aid/CPR Training for parents (9:30am - 11:30am)

22nd When I Grow Up Day

28th Pink and Black Out (Wear your favorite pink and/or black clothes)



# TEACHER BIRTHDAYS

2nd Brenda Sorem
13th Mitzi Bradley
15th Christine Glaser
15th Jamie Toomey
27th Beverly Obregon



# **MUSICAL NOTES**

Someone once said three minutes of music, a lifetime of memories. Music can bring back so many memories from a childhood tune of I'm a Little Teapot to the songs we played at our wedding or that favorite lullaby you sing to your baby. Music really is the fabric of our lives. I encourage you to cultivate that love of music in your children. I love when parents tell me that their child is singing songs at home! Music is a wonderful way for children to develop and explore their language skills as well as expose them to many different cultures. The 1s, 2s and 3s will explore castanets and learn to move to music from Spain and South America. 4s and TK will explore different instruments and how those instruments help express our emotions. We will also be exploring how to express our emotions by matching our movements with the music. After all, music is what feelings sound like.