

# March Newsletter

## NOTE FROM THE DIRECTOR

Research has shown that children who grow up doing chores and helping around the house with “Big Jobs” are smarter, happier and more successful in life. At school, from our One Year Old classes to Transitional Kindergarten, we encourage the children to do things for themselves when they can. They work on taking their shoes off and on, cleaning up the classroom, and taking care of their belongings. Below are some wonderful ideas on how to have your child help you around the house. Just remember to be patient, don’t expect perfection and work with your child to make the most of the learning experience.

Big Jobs are indoor and outdoor jobs children do with their families (or others) that help the whole family. They include tasks like setting the table, planting flowers, and tidying up when visitors are coming. To adults they might seem like simple tasks, but Big Jobs carry big rewards—for your child and your entire family.

### How are Big Jobs different from chores?

You assign chores. Children volunteer to do Big Jobs because they want to help out. Also, Big Jobs are done together with other family members. Teamwork is an important part of doing Big Jobs.

### What do children learn from doing Big Jobs?

They learn to:

- work with other people
- solve problems
- compromise
- contribute to their family

### What are some Big Jobs young children can do?

- Cooking and baking—washing and peeling vegetables, stirring muffin batter, tearing lettuce leaves to make salad
- Gardening—digging holes, planting seeds, raking leaves, weeding, watering plants indoors and outdoors
- Doing laundry—carrying the laundry basket, sorting, folding, delivering clean clothes to each family member’s room
- Caring for pets—feeding, brushing, walking, cleaning the cage or aquarium
- Cleaning—rinsing dishes, dusting, emptying wastebaskets

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### Tips for doing Big Jobs at home

- Keep your child safe. Show your child how to safely use equipment like a rake or a vegetable peeler. Stay close by when it is his turn.
- Try to find child-size tools. They make jobs easier and safer.
- Have fun. Remember, your child chose to help out. Keep it enjoyable and she will want to do Big Jobs all the time.
- Talk while you work together. Chat about what you are doing and whatever else your child wants to discuss.
- Show your appreciation for the work family members have done. Say, "Thanks for setting the table, everyone. We are ready for dinner now, and the table looks beautiful."

<http://activebabiesmartkids.com.au/articles/chores-make-children-smarter-happier-successful/>

### SUMMER CAMP

Give your child a summer exploring God's amazing creations! Our summer camps are packed with awesome sensory activities, educational visitors, special projects, and more!

This camp will be taught by Compass Christian Preschool staff and is only open to currently enrolled students in our 2018-2019 classes who are fully potty trained.

Camp (non-refundable) registration fee is \$25 per child. Weekly Camp tuition is \$125 per child per week. ALL Camp Tuition fees are due in full Tues. April 9, 2019.

Camp days are Tuesday, Thursday and Friday from 9am-2pm.

Week 1	May 28 – May 31
Week 2	June 4 – June 7
Week 3	June 25 – June 28
Week 4	July 9 – July 12
Week 5	July 16 – July 19
Week 6	July 23 – July 26
Week 7	July 30 – August 2

### LOVE AND LOGIC CLASSES

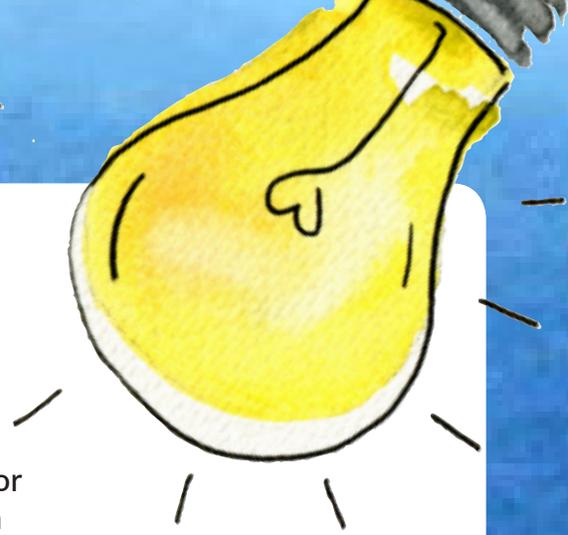
On March 28th, we will be offering the Love and Logic Parenting Workshop Series at Compass Christian Preschool. This Love and Logic Workshop is designed for parents with kids ranging from birth to 6 years old. When parents start Love and Logic® early in their children's lives, they dramatically up the odds that the teenage years will be fun...Instead of frantic. A sign up sheet is located outside the preschool office. The class will be limited to 20 people so individual concerns and issues may be addressed. This workshop series is open to anyone who would like to attend so tell your friend. Babies who are not yet waling are welcome to attend with their parents.

Cost - \$20 to cover the cost of the workbook (checks payable to CCP)

Dates - March 28th, April 4th, 11th, 18th, 25th

Thursdays - 9:15 - 11:00 a.m.

So that you fully benefit from this program you should try to attend all five workshops.



## THE RULES OF LOVE AND LOGIC

Rule #1 - Adults set firm limits in loving ways with out anger, lecture, or threats.

Rule #2 - When a child causes a problem the adult handles it in a loving way.

1. In a loving way, the adult holds the child accountable for solving his/her problems in a way that does not make a problem for others.
2. Children are offered choices with limits.
3. Adults use enforceable statements.
4. Adults provide delayed/extended consequences.
5. The adult's empathy is "locked in" before consequences are delivered.

For more information check out their website - [www.loveandlogic.com](http://www.loveandlogic.com)

### IMPORTANT DATES

7th - Dr. Seuss Day

11th - 15th - Spring Break

19th - Spirit Day

21st - Coffee with the Director - 9:15am, Next Steps Room - "Summer Survival Class!"

26th - "W"acky Day - Dress up Wacky!

28th - Green Out - Wear something green to school.

Love and Logic Classes Begin - 9:15am - 11:00am in the True North Chapel

### TEACHER BIRTHDAYS

12th - Marcy McHenry

### MUSICAL NOTES

Marching and drumming is our theme this month! We will be learning how to create different rhythms using small lap drums. There is no better way to explore music than by learning simple rhythms and experimenting with those rhythms during free play. A recent study showed that following rhythms is tied directly to math and verbal development so there is a lot to be said about following the beat of your own drum! The Bebop band will be playing along to an Irish jig in honor of St. Patty's Day. You may have heard about our Bebop band. Bebop or bop is a style of jazz characterized by a fast tempo, instrumental virtuosity, and improvisation based on the combination of harmonic structure and sometimes references to the melody. It was developed in the early and mid-1940s. We have been listening to jazz and the blues while playing in the Garage area. In music class, this is a time for self-expression as various musical instruments are passed around as we play to a variety of jazz or other multicultural tunes during the year. The 4s and TK learned last month that the instruments in our Bebop band were all members of the percussion family. We will also be moving to traditional Irish tunes and welcoming spring with various songs about frogs and all things green. explore their language skills as well as expose them to many different cultures. The 1s, 2s and 3s will explore castanets and learn to move to music from Spain and South America. 4s and TK will explore different instruments and how those instruments help express our emotions. We will also be exploring how to express our emotions by matching our movements with the music. After all, music is what feelings sound like.