

NOTES ON ALLERGIES:

- These snack items are only designated safe for children who eat a “NUT FREE” diet. This list does not apply to gluten, dairy, egg or other allergens, however there are multiple items included that are free from all top allergens.
- ALL star student & birthday treats must be from this list.
- Homemade items are NOT permitted
- Ingredients and manufacturing details may change over time. Please read ALL food labels prior to purchasing snack items. Labels that say, “May contain traces of peanuts/nuts” OR “Processed on equipment with peanuts/nuts” will NOT be permitted and will be sent home.

ALL items must be individually wrapped or packaged according to the Texas Health Department and childcare licensing.

HEALTHY SNACKS (DAILY)

- Fresh Fruits/Vegetables
 - Any fresh fruit; apple slices, bananas, oranges, pears, plums, clementine’s, berries, etc. All grapes must be halved.
 - Fresh vegetables: grape tomatoes (halved), cucumber slices, broccoli, cauliflower, peppers cut, carrots cut
- Hard boiled eggs
- Yogurts
- Cheese; cubes, slices, string cheese, Babybel, etc.
- Applesauce (no pouches please)
- Kraft or Hidden Valley Ranch dressing for dipping
- Chomps Beef Sticks*

FRUIT SNACKS/DRIED FRUIT

- Ocean Spray Craisins
- Sun Maid Raisins Original (NOT yogurt raisins)
- Bare Fruit Natural Fruit Chips
- Annie’s Fruit Snacks
- Clif Kid twisted fruit – strawberry, mixed fruit
- Gerbs Dried Fruit
- Brother’s All Natural Fruit Crisps*
- That’s It Fruit Bars*
- Crispy Green Dried Fruit (Market Street)
- Bear Brand Fruit Rolls

CRACKERS/COOKIES/SNACK ITEMS

- Wheat Thins – Original
- Nabisco Handi Snacks
- Cheez-Its
- Kellogg’s Club Crackers
- Goldfish Crackers
- Barnum Animal Crackers
- Annie’s Cheddar Bunnies
- Nabisco Honey Maid Graham Crackers
- Scooby Doo Graham Crackers
- Teddy Grahams
- Nabisco Nilla Wafers
- Cheerios – Original only
- Partake Brand Cookies*
- Made Good Cookies/Snacks*
- Hippeas Chickpea Puffs
- Good Health Veggie Stix
- Sensible Portions Veggie Straws
- Skinny Pop Popcorn
- PopCorners (Sea Salt, White Cheddar, Kettle Corn)

CHEESE SNACKS

- Pirates Booty – White Cheddar (avoid in classroom with dairy allergy)
- Whisps Baked Cheese Bites

GRANOLA BARS

- Annie’s Dipped Chocolate Chip Bars
- NutriGrain Cereal Bars
- Nature’s Bakery Fig Bars
- Any Enjoy Life Product*
- BelVita Crunchy Breakfast Biscuits
- Made Good Products*
- Blake’s Chewy Granola Bars*

PRETZELS

- Snyder’s Pretzels
- Pretzel Goldfish
- Snack Factory Pretzel Crisps

SPECIAL TREATS
BIRTHDAY/STAR STUDENT TREATS

- Kraft Jet Puffed Marshmallows
- Lorna Doone Shortbread Cookies
- Oreos (original)
- Nabisco Fig Newtons
- Kellogg’s Original Rice Krispy Treats
- Snack Pack Pudding Cups
- Kraft Jello Cups
- Enjoy Life brand cookies or products*
- Leah’s Better Bites (found in bakery)*
- Rule Breaker Cookies*
- Walmart and Target have prepackaged bakery brand cookies designated with a “Nut Safe” sticker on top. Please only bring products with this sticker. Wal-Mart The Bakery Brand & Target Favorite Day brand.

*Designates specific allergy safe brand.

